

A snapshot guide for service providers to respite services in the Western Region as at June 2007. Produced by the Respite Workgroup.
Categories are based upon the main focus / basis of service provision, however some services may fit across categories.

For further information contact Carelink on 1800 052 022, www.carelinksa.asn.au

Carer support services available at Western Carer Support 8240 2900

Respite snapshot

Out of home day respite

Respite that is provided in a community centre/facility that is usually planned.

Centre Based: Respite provided in a centre or facility, usually during business hrs:

ACH Group – Respite Choices ph: 8350 2200

Camden Community Centre ph: 8376 0022

Henley Community Centre (Charles Sturt Council) ph: 8408 1278

Kurrallta Club ph: 8351 2202 (City West Torrens)

Respite that targets **working carers:**

Helping Hand Aged Care – Shift Worker Respite Project In home/host home – 1 on 1/small group model. 8285 0927

Resthaven – Regency Cottage Home style respite for working carers including Italian, ph 8241 5480

Respite cottages: cottage style residences where respite is available on a daily basis, also may be available on emergency or sometimes overnight basis.

ACH Group - Swan Cottage ph: 8350 2200 (day, emergency, overnight)

Helping Hand Aged Care - Joy's Retreat ph: 8347 3843 (Frail aged inc. dementia)

Resthaven – Regency Cottage ph: 8241 5480 (Employed carers of frail aged)

Ethno-specific Respite

Respite that targets a specific cultural group.

Arabic speaking Communities HACC Services ph:8241 9900

Cambodian Association of SA ph: 8281 9811

Overseas Chinese Association ph: 8445 1622

Croatian Care for the Aged Association ph:8267 3626

Dutch Aged Care ph: 8296 5922

Filipino Home and Community Care ph: 8272 7418

Welfare Centre for German Seniors ph: 8223 2997

Limani Greek Day Care ph: 8245 5525

Italian Benevolent Foundation 8244 9000

Regency Cottage Italian respite ph 8241 5480

Sundowner Plus (ECH Group) – Dementia Italian Specific 8353 0844

A.N.F.E.(Italian) ph: 83461317 (Centre based and out of home respite)

Jewish Community Services ph: 8212 0077

Ukrainian Social Services ph: 8340 2434

Vietnamese Community in Australia ph: 8447 8821

Overnight Respite

Overnight **community respite** that is available in a home like environment on an overnight basis:

Respite Cottages:

Helping Hand Aged Care - Joy's Retreat ph: 8347 3843 (Frail aged inc. dementia)

ACH group - Swan Cottage ph: 8350 2200 (day, emergency, overnight)

Residential Respite is available in residential aged care facilities (nursing homes) across the region, contact Carer Respite Centre 8346 8329.

In Home Respite

Paid staff/volunteer comes to the home and spends time with the person being cared for, hours vary.

Australian Red Cross ph: 8100 4685 (volunteer based)

ACH Group – Respite Choices ph: 8350 2200

Domiciliary Care SA ph: 8193 1234

Emergency Home Support Program ph:8172 1960 (short term up to 20 hours)

Helping Hand Aged Care – Shift Worker Respite Project In home/host home – 1 on 1/small group model. 8285 0927

Helping Hand Aged Care -Pathways Respite ph: 8346 8329 (dementia specific)

NWCCRP ph: 8346 8329 (inc. emergency, short term respite and packages)

St John Community Care ph: 835 6 9307 (volunteer based)

Veterans Home Care ph:1300 550 450 (Veterans only)

Holiday Respite

Respite through arranging and coordinating individually planned holidays.

ACH Group - Wyatt Holidays ph: 8350 2200

Emergency Respite

Respite that is available on an emergency basis or with short notice

For emergency respite contact the North West Carer Respite Centre on 8346 8329