



Western Region Low Level Domestic Assistance Regional Snapshot

Short Term or One Off Services

(ie short term cleaning, spring cleans, yard tidies)

Aboriginal Home Care Up to 3 hrs/wk over 3-6 months but aim for some flexibility depending on needs Phone: 8346 9155

City of Charles Sturt – up to 12 hours total. 1-off spring cleans also available. Ph: 8408 1278

City of Pt Adelaide Enfield : “No Place Like Home” up to 3 hrs by 8 visits over 4 months . flexible packages of services – cleaning/ laundry/shopping . Also 1hr basic short term cleaning available . Spring Cleans up to 6 hrs once per year Ph: 8405 6855 or 8405 6804

City of West Torrens Up to 12 hrs total domestic assistance/annum. Ph: 8416 6251

Metro Home Link Up to 7 days package of care that can include domestic assistance for people identified by hospital staff as suitable for supported discharge or hospital avoidance. Must be referred by GP or hospital. Ph:1300 550 654

Emergency Home Support Program Adelaide (also known as Calvary Silver Circle Emergency Home Support Program Adelaide) Up to 20 hrs of home assistance. Over a 4 week period for people in crisis, can include cleaning. Ph: 8271 7212

Veterans Home Care (VHC) Veterans must choose between HACC & VHC services. To access services, eligible veterans and war widows/widowers may contact their VHC

Assessment & Coordination Agency directly by phoning 1300 550 450.

<http://www.dva.gov.au/health/homecare/mainvhc.htm>

Ethno-Specific Services—A Diverse Range of services are in place for people of specific cultural backgrounds. For details please contact Multicultural Aged Care Ph: 8241 9900 or Ethnic Link Services Ph: 8241 0201.

For a comprehensive list of Indigenous and CALD specific low level domestic assistance services please see o the reverse side of this poster.

Ongoing single service

(ie long term domestic assistance – a broad term that can include cleaning, shopping assistance, laundry etc).

Aboriginal Home Care service type flexible depending upon need. Ph: 8346 9155

City of West Torrens provides domestic assistance for 60 Culturally & Linguistically Diverse (CALD) clients and 60 English speaking clients Ph: 8416 6333

Co-op West (ECH, ACH & City of West Torrens): up to 2hrs per f/n. Can be single service or as package. Ph: 8353 0844 or Ph: 83502200

Domiciliary Care has limited basic single service domestic assistance available. Ph: 1300 295 673

Stanhope Healthcare Services (formerly Alabricare) Over 65’s. Can be multiple services. 1.5hrs/fn cleaning/laundry etc. Up to 2 hrs wk shopping (accompanied) Ph: 8338 8900

Gleam Team Frail Aged 65+, 1.5hrs/fn, cleaning, laundry, bedmaking, shopping / billpaying from list only Ph: 8352 5885 or visit www.gleamteam.com.au

Veterans Home Care (VHC) Refer listing opposite. Also provides ongoing assistance. Provides unaccompanied shopping assistance.

ACH Home Support Services West Domestic Assistance offered as a single service or part of a tailored package Ph: 8350 2200

Guide Dogs Association of SA & NT

People who are hearing or vision impaired, cleaning provided based on assessed need. Ph: 8203 8333 TTY 1800 738 855

Ongoing low level HACC packages*

(* ‘HACC Package’ is not an official term. For this purpose described as ongoing, multiple low level services.)

Aboriginal Home Care: Package of services tailored to suit individual needs. Ph: 8346 9155

Southern Cross Care – Southern Cross Home Support (West). 1-3 hrs of combined service per/wk. Packages can include personal care, domestic assistance, social support. Ph: 83979200 (Customer Service Centre)

ACH Group Dementia Services: Dementia specific packages of support, approx 2.5 hrs per week Package of services tailored to suit individual needs

ACH Home Support Services West Domestic Assistance offered as a single service or part of a tailored package Ph: 8349 3515 (Customer Service Centre)

Co-Op West (ECH, ACH & City of West Torrens)

Packages can include domestic assistance, personal care and social support. Up to 2hrs f/n. Clients in West Torrens Ph: 8416 6333. Clients in Cities of Charles Sturt and Port Adelaide Enfield ECH Ph: 8353 0844 ACH Ph: 8349 3515

Domiciliary Care- 1-3 hrs of combined service per/wk. Packages can include personal care, domestic assistance, social support. and respite . Ph: 1300 295 673

Helping Hand Aged Care Mental Health & Well-being Program

65 & over with mental health issues domestic assistance offered as part of psychosocial rehabilitation package Ph: 8241 9021

Veterans Home Care (VHC) Refer listing opposite

Community Support Inc - Domestic Assistance provided as part of individualized support for people under 65. Referral accepted from Disability SA, CARA or Mental Health Services Ph: 8112 8000

Life Without Barriers

Domestic Assistance provided as part of a package with other services Ph: 8415 6901

This resource is an initiative of the Western Linkages In Home Services Workgroup. The information is current as at .

For further information on Western Linkages Workgroups please visit www.westernlinkages.org.au Ph: 8440 6737 or 8440 6741

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